

**Don't forget to Vote on
September 23, 2011 for
Area III Legislator.**

**Summary of
2011 Resolutions
that passed.**

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Labor Day Weekend Pow-Wow 2011

Sanford LittleEagle
Staff Writer

The annual Ho-Chunk Nation Labor Day Weekend Pow-Wow held September 3-5, 2011 was themed as "Honoring the Workforce"; to honor all Emergency Service Workers. Buffalo Clan members Lance Long, and newcomer Shawnee Hunt, served as this year's Master of Ceremonies. Russell St. Cyr from Sioux City even made his way over to serve his duty as Arena Director and Head singing judge for the special drum contest that also took place.

With partly cloudy skies and the smell of rain in the air with glooms of dark clouds approaching Black River Falls, the Andrew Blackhawk Post 129, with Auxiliary in tow, began the first Grand Entry of the weekend.

After one full go round of the Host Drums: Iron Mound, Thundercloud, Lake Delton, Thunder Bear, Bear Clan, Little Thunder, and Winnebago Sons, the contest drums were on deck for their first contest song. As the last drum sang, and sprinkles of rain began, there was no stopping and it was there to stay for the night. Emcee Lance Long had relayed

word from the Committee that the dancers and singers from the Drum contest were excused, and asked the Ho-Chunk Drums to make room under the arbor or get in together and sing round dance, as they shut the power off and went off the air for the evening.

Sundays weather was more cooperative and above the arena the foot traffic was busy as tweens, spectators, and those looking for good seats moved all around for a good Sunday turnout. After Grand Entry, the Drum Contest started; Mato Pejuta from the Isanti Dakota Nation started it off as they went down the line, Eagle Feather of Tama Iowa, Smokey Town from the Land of the Menominee, Lake River's own Wazi Jaci, Iron Boy from St. Paul Minnesota, Young Firekeepers from Milwaukee WI, WhiteTail Boyz from Macy Nebraska, Southern Boyz of Lawton Oklahoma, and Southern Tunez also from Macy, Nebraska sang 6 starts for their Contest Songs. After the singing contest, emcee Shawnee Hunt brought every one through announcing the adult categories for exhibition dancing, followed by the juniors and teens performing the Fish Dance lead by Terrance Cleveland and the Swan Dance lead by Denessa White.

During Sunday evening's session, there was more



Honoring the Workforce, President Jon Greendeer leads those Honored in the dance arena.

Contest singing and a show of adult exhibition dancing. Although the ground was a bit wet and cold, many participated in the Green Corn dance sung by a combination of Ho-Chunk singing groups, and several that stepped into the arena for a trick song winner take all special for \$250. First up were the women dancers with everyone eyeballing them to make sure they didn't stop early, or go that extra bounce over. Russell, a.k.a. Hayna Boy, kept a watchful eye as some contestants tried very hard

not to be seen or heard (just in case) they moved a little bit over beat; if so, he'd let them know it was time to dance their selves off the arena. There were many out the first song, but four songs later, a handful were still in it to win it. Wazi Jaci made the last ones standing drop quickly and the showdown was on, as Jennifer Dominguez scrubbed on to outlast and be the night's victor.

Next up were the men with Southern Tunez singing the first trick song. The guys were supposed to dance

outlasting the drums' trick songs; however through the first four starts of the first drum's song, the fellas were dropping like flies.

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Denessa White (far left) leads the swan dance for junior and teen girls exhibition.

Mark Trahant: A new era of contraction coming to Indian Country

Submitted by
Rep. Robert Twobears

It's nearly impossible to know when a new political era has begun for certain.

Congress enacted House Resolution 108 on August 1, 1953, officially beginning the era of tribal termination. This dreadful policy was supposed to abolish federal supervision over American Indian tribes and to subject tribal members to state and county authority.

Yet termination didn't really take off as policy until the late 1950s and 1960s. It was a terrible idea that slowly evolved into a disastrous policy.

It was a similar shift when President Richard Nixon announced the new policy of self-determination without termination on July 8, 1970. "It is long past time that the Indian policies of the federal government began to recognize and build upon the capacities and insights of the Indian people," the president said. "... we must begin to act on the basis of what the Indians themselves have long been telling us. The time has come to break decisively with the past and to create the conditions for a new era in which the Indian future is determined by Indian acts and Indian decisions."

Five years later Congress enacted the Indian Self-Determination and Education Assistance Act.

And so it goes again.

The new U.S. policy of contraction -- one that will impact all Americans, including American Indians, for years to come -- probably started after the November 2010 elections. But the actual policy implications remain distant, more threat than actual destructive force. But make no mistake: This policy route is set and based on a terrible idea that will slowly evolve into a disastrous policy.

This policy of contraction is certain because both Republicans and Democrats have bought into the premise. As President Barack Obama said Monday, "Washington has to live within its means. The government has to do what families across this country have been doing for years. We have to cut what we can't afford to pay for what really matters."

The president, at least, understands that the Bush-era tax cuts and two wars did as much as anything to bury the country in deficits. He also appreciates that domestic spending isn't the long term problem; it's a demographic issue. But in the end that back and forth is nearly irrelevant.

What matters is that tribal governments are soon going to have to completely change what they do, how they operate and how they pay for government services because of these larger policy shifts.

Last week the U.S.

Department of Health and Human Services announced \$10 million in planning grants for 129 organizations to become community health centers, including here in my community, Fort Hall, Idaho, for the Shoshone-Bannock Tribes. In the past it's been easy for tribes to count on the Indian Health Service for basic services, even if underfunded. But that is no longer the case. The Indian Health Service will likely see a steady decline of resources during this era of contraction. This year it might be a 2.5 percent cut (while populations continue to grow) but that is only the beginning.

So as the policy of contraction unfolds, I think it's essential for tribes to seek out multiple revenue streams, finding money both from government and from private sources. Where ever and when ever possible. Converting a tribal, or federal IHS clinic, into a Community Health Center is one way to do that.

I also think every tribe should create a community foundation, building up assets now (before the cuts come) that can be used to support and fund tribal priorities. How do you raise money for such a venture? Every tribe spends money with vendors, whether a government program, business or casino. So any company or individual who does business with a tribe should be given "the opportunity" (as they say in fundraising circles) to help launch a community foundation.

Some tribes might focus their nonprofit organizations on health care or scholarships for young people -- all worth while enterprises. The key, to me, at least, is to engage new revenue streams that could continue to build community while the United States is busy shrinking its economy.

It may be impossible to know when the era of contraction began, but I do know for certain it's here and



Robert Twobears

Indian Country must once again adapt. Quickly.

Mark Trahant is a writer, speaker and Twitter poet. He is a member of the Shoshone-Bannock Tribes and lives in Fort Hall, Idaho. Trahant's new book, "The Last Great Battle of the Indian Wars," is the story of Sen. Henry Jackson and Forrest Gerard.



CHILDRENS TRUST FUND TASK FORCE UPDATE

On August 23, 2011 Ho-Chunk Nation Legislature approved the **Trust and Investment Committee and Organization Act** and took a big step forward to strengthen the oversight and

provide enhanced protection over the Nation's investments. The Ho-Chunk Trust and Investment Committee will be responsible for the oversight of the Nations investments, including investments on behalf of minors and legally incompetent members, employer retirement plan funds (401 k), and any other investments made by the Nation with a time horizon of at least one year for the Nations long and short term portfolios.

The approval of the Trust and Investment Committee has created a tremendous opportunity for qualified Tribal Members to lend their expertise and help guide the Nation's investment decisions. To be eligible for appointment or election Committee Members shall be Enrolled Members of the Ho-Chunk Nation and shall have one or more of the following qualifications:

- Certified Public Accountant or Charter Financial Analyst
- An associates or, preferably, a bachelors degree in accounting, business or finance.
- Financial professional certification
- At least five years proven experience managing investments as a fiduciary on another's behalf.

The Committee shall consist of seven voting members. Each of the voting members must be an enrolled member of the Nation who is eligible to vote in the Nations elections. The seven voting Committee members shall be initially appointed by the Legislature. Every two years the Nation shall hold elections to fill the Committee openings.

For all those who would like to make a difference in the lives of not only the Nation's minors, but also the entire Nation, apply for the Committee by submitting a letter of interest and a resume to:

Ho-Chunk Nation CTF Task Force

c/o Kelley Thundercloud, PO Box 667, Black River Falls, WI 54615

To review the Trust and Investment Committee Establishment act in its entirety on the Nation's website, please see:

<http://www.ho-chunknation.com/UserFiles/File/OOP/Ho-Chunk%20Nation%20Trust%20and%20Investment%20Committee%20Establishment%20Act.pdf>

DRAFT CODES

Code Title	Review end date
TRUST AND INVESTMENT COMMITTEE ESTABLISHMENT ACT OF 2001	August 15, 2011
Public Nuisance Act of 2000	October 17, 2011
Legislative Org Act of 2011	October 24, 2011

The Ho-Chunk Nation Legislature wants to encourage all Tribal Members to provide comments on any Codes that have been placed out for public comment. To accomplish this you may contact your Legislator(s) or Ho-Chunk Nation Legislative Paralegal Melanie Stacy. To contact Melanie Stacy you may contact her by:

- (1) Email at Melanie.Stacy@ho-chunk.com;
- (2) Telephone at (800) 294-9343 or (715) 284-9343, Ext. 1342; or
- (3) Regular mail at Ho-Chunk Nation Legislature; P.O. Box 667; W9814 Airport Road; Black River Falls, WI 54615

D-Day – Diabetes, Denial and Damage

By Kathleen Clemons,
MS, CES, RCEP

"For some people, living with diabetes is like standing in the path of an oncoming freight train. The train may be far off in the distance and it may be moving slowly, but it is coming. The train cannot be stopped, and there is no way to get off the tracks, so the best thing to do is just pretend it isn't coming. This is the essence of denial. The degree to which you ignore the seriousness of diabetes or try to avoid thinking about the illness can play a large role in your overall health for years to come. Denial is a critical problem that must be addressed." (Excerpt from the book, *Diabetes Burnout* by William Polonsky).

Denial of diabetes or ignoring anything in your life that is upsetting is a tool that can help you cope during difficult times when you feel overwhelmed. Occasional diabetes "vacations" may be necessary to help you feel renewed and more inspired to care for your health. Occasional means one night each week or one weekend a month, not long stretches at a time. However, when denial becomes your only way of coping with difficult situations, this is now your way of life. It has been shown that people who use denial as their primary way of coping with diabetes tend to manage their illness poorly and have high blood sugar. A few forms of denial include:

- Not checking your blood

sugar on a regular basis. You don't check, you don't know the number and you are able to avoid doing anything about it.

- Not taking prescribed medications. If you skip your medications, you can almost convince yourself that you don't have diabetes.
- Flat out denying that you have diabetes despite diagnostic evidence that you clearly have it.

It can be easy to deny the seriousness of diabetes because many people feel fine. The body has an amazing ability to adapt to high blood sugar...you may have symptoms at first but they become less apparent as the body adapts. However, even though you feel fine, the high blood sugar is still doing damage. High blood sugar can damage almost every organ system in your body. We tend to think of the eyes, kidneys, feet, and heart because that is what we hear most about. Many people don't know that diabetes can damage your gastrointestinal system and lead to chronic constipation or diarrhea. It can damage nerves throughout your body, not just your feet, and lead to things such as silent heart attacks. Denial does not stop this damage from occurring.

We know now that diabetes does damage but what about pre-diabetes? Because so many people do not take the diagnosis of pre-diabetes

seriously, the Diabetes Team has been presenting on the topic. New research is demonstrating that many of the complications of diabetes are actually starting 10-20 years before a person is even diagnosed. Research is demonstrating that nerve disease, retinal disease, kidney disease and destruction of the beta cells (cells that produce insulin) are beginning while a person has pre-diabetes (diagnosed if your fasting blood sugar is between 100 and 125 or your A1c is 5.7 to 6.4). A person may not have any symptoms with pre-diabetes and may never go to the doctor because they feel fine.

It is important to realize that denial of diabetes is based on the false idea that there is nothing you can do to improve your situation. There is a lot you can do to manage your diabetes and a first step can be participating in the Diabetes Basics Program. You are encouraged to take these classes if you have pre-diabetes or diabetes. Many topics are covered in the classes including:

- Proper exercise
- Diabetes medications



- Treatment plan options
- Carbohydrate counting
- Lowering your risk of heart disease
- Preventing and managing complications
- Goal setting
- Problem solving
- Living well with Diabetes

The Diabetes Team encourages everyone to get regular comprehensive physical exams because you simply can't feel all the things going on in your body. Other risk factors that can be high that you don't feel can be high blood pressure, high cholesterol and high triglycerides. These are some of the leading risk factors

for heart disease. We highly encourage you to take your medications. Of all the self-care methods you can use, this is the absolute easiest one to do...way easier than changing eating habits and exercising regularly (although we highly encourage these too).

To get enrolled in these classes and taking control of your diabetes now, contact Tina McArthur at 715-284-9851, ext 5359 or Rachel Montana at ext 5039. The freight train may be coming, but you are not tied to the tracks. You can live well with diabetes!

Upcoming Fitness Events

By Kathleen Clemons,
MS, CES, RCEP

If you are looking for fitness events to participate in as an individual or family, there are many opportunities around Wisconsin. Log onto www.indianheadtc.org and click on races then calendar and you will see a variety of events to participate in. I am listing a few below for October but events go all year round. If you have never tried a snowshoeing 5K give it a try! They are a lot of fun and well attended. Hope to see you out there at some of these events.

October 1st - **Higher Education Hustle**
5k run/walk, Eau Claire

October 1st - **Halmstad Hawk**
5k and 1 mile walk run, Chippewa Falls

October 1st - **Blue Devil Run / Walk**
5k run and walk, 10K, Menomonie

October 1st - **Big Muddy**
5k or 1 mile, La Crosse

October 7th - **Friday 5k**, Eau Claire

October 8th - **St. Patrick 5k**, La Crosse

October 8th - **Moon Walk Wisconsin**
4 and 8 mile walk, Plover

October 15th - **Harvest Hustle**
2k walk/run, 10 K run, ½ marathon, Eau Claire

October 22nd - **Warrior Waddle**, 5K, Winona

October 29th - **Haunted Hustle**
10k, ½ marathon and full marathon, Middleton

For more information on these races and many more, check out the Indianhead Track Club website listed above. Having something to train for can keep you motivated all year round.

Attention: The Next Deadline of the Hocak Worak will be Oct. 7th which will be published on Oct. 14th. Please contact Enrollment at ext. 1015 if you have a change of address or would like to be placed on the mailing list.

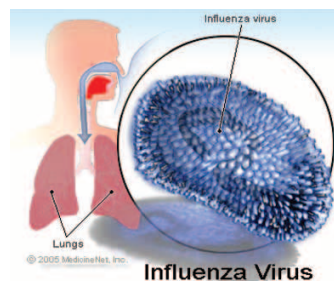
The Flu Season

By Criss Swanson RN; Nurse Educator

The flu season is arriving once again. Vaccinations are the best protection against the flu virus. Everyone should get a flu vaccine, but the people who need it most are:

- Pregnant women
- Children 6 months old to 2 years of age
- Anyone 50 years of age or older

Also, anyone with certain chronic medical conditions such as diabetes, compromised immune system, suffers from asthma, or has been diagnosed with cancer. All caretakers of newborns should become vaccinated, (since newborns to 6 months of age are not eligible to receive the vaccine).



The flu virus changes every year, thus the reason for yearly flu shots. Once you receive the shot, you may develop some soreness, redness, or swelling where the shot was given, a low grade fever that is described as 99.8 to 100.8 degrees Fahrenheit and possibly some body aches. These symptoms generally last for 24 to 48 hours and are your body's normal response to develop antibodies. These antibodies take about 2 weeks to fully develop before it protects you from the actual flu virus. So, if you come into contact with a flu virus before your flu shot or 10 to 12 days after your flu shot, you may get the flu. Therefore, getting the flu vaccination early is your best defense for staying healthy once vaccinations are available in your community.

The Hocak Worak is a periodical published twice monthly by the Ho-Chunk Nation. Editorials and articles appearing in the Hocak Worak are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the Hocak Worak staff or the Ho-Chunk Nation.

The Hocak Worak encourages the submission of letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content.

The Hocak Worak reserves the right to reject any advertising, material, or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the Hocak Worak. The Hocak Worak will not assume any responsibility for unsolicited material.

Submissions deadlines for the Hocak Worak are by 4:30 PM. We cannot guarantee the publication of submissions meeting these deadlines if the space is not available. No part of this publication may be produced without express written consent from the Editor.

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HOCAK WORAK NEWSLETTER

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Ho-Chunk Gaming holds collection to benefit Ronald McDonald House of Marshfield

Submitted by Michelle Ramberg, Senior Manager-Public Relation, HCG-BRF

The saying "there are strength in numbers" was proven true once again by Ho-Chunk Gaming Black River Falls through a collection of pop tabs for the Ronald McDonald House of Marshfield. Demonstrating their compassion to giving back to a great cause, the employees of Ho-Chunk Gaming Black River Falls were able to collect a total of 417,920 pop tabs, weighing in at 326.5 pounds.

"Through our incentive committee, this collection of pop tabs has become a yearly competition between departments attempting to collect the highest number of tabs with all proceeds going to the local Ronald McDonald House Charities," stated Angie Melbye, Incentive Committee Vice Chair Person/Marketing Assistant. Each year we grow in numbers

and this year ended with an even more exciting twist with one department setting the bar high for next year. The Finance Department at Ho-Chunk Gaming Black River Falls raised an additional \$600 to donate to the Ronald McDonald House of Marshfield on top of their 72.5 pounds of tabs collected. The additional money was collected through the recycling of aluminum cans. Also contributing to their success, outside friends and family gave the finance department their own personal collection of cans.

A little boy, Jaden Rowekamp, played an important role in the extra effort set forth by the Finance team. As a personal friend to one of the department members, Jaden, was diagnosed with Leukemia 2 ½ years ago. "I am still amazed by the resilience and strength he possesses each and every day as he moves towards recovery. He is



Ho-Chunk Gaming –Black River Falls employees along with Sandy Zygarlicke (far left), House Director of Ronald Mc Donald House of Marshfield. Total pop tabs collect: 417,920 =326.5 pounds



Community Corner

Dear Ho-Chunk Parents

The Ho-Chunk Nation Child and Family Services Division, in an effort to provide Ho-Chunk Communities with current updates regarding parenting issues, will be providing a monthly column in the "Hocak Worak." Please contact CFS with any questions or to obtain referral information regarding the monthly Community Corner articles. 715-284-2622 Ext. 5136.

Baby Bottle Mouth

Baby bottle tooth decay is the progressive breakdown of teeth in an infant or toddler. The teeth most likely to be damaged are the upper front teeth. The decay usually begins in the front teeth and moves back to the molars. The decay comes from sugars and bacteria found in the mouth that turn into acids and erode enamel turning teeth black and pitted. The enamel is a protective coating on the teeth and when it is gone, decay can lead to an abscess, cavities and often severe pain. When a baby drinks liquids through a bottle, the liquids can pool near the gums and teeth. Most liquids contain sugars. In fact, most foods that people eat ultimately break down to become sugar. Baby bottle tooth decay occurs when any liquid other than water is in contact with the teeth for a long time. Infants and children who are allowed to fall asleep with a bottle are at risk. Milk, formula, fruit juice and soft drinks can all cause baby bottle decay.

The signs and symptoms that acids are eroding enamel include: fever from gum or tooth infection, bleeding of the gums, pain or irritability, red gums, or white spots on the teeth.

Sometimes parents do not realize that a baby's teeth are susceptible to decay as soon as they appear in the mouth. Parents CAN prevent baby bottle decay by never putting a child to bed with a bottle of milk, formula, fruit juice or sweetened liquid. If a baby needs a bottle in order to sleep, use only water. The longer the sweetened liquids sit in the mouth, the more likely baby bottle tooth decay will occur. Parents can wipe a baby's gums and any new teeth with a washcloth after each feeding. Toddlers can have their teeth brushed and checked.

Research suggests that children who have baby bottle tooth decay are at risk for more dental problems later in childhood. Parents are advised to start dental visits between six and twelve months of age.

the inspiration behind our collection," explained Nicole Christopherson, Revenue Audit Manager at Ho-Chunk Gaming Black River Falls and the captain of the Finance Department Team. "His daily struggle to fight against this disease, at his age, has given us a more significant reason to

not only collect the pop tabs, but to also raise additional funds to assist another child that may also be in a similar situation as Jaden."

Additional winners from the Ho-Chunk Gaming Black River Falls pop tab, inner departmental, casino wide challenge, included the

Executive Department coming in a close second with a total of 70.5 pounds collected and Bingo employees coming in third with a total of 68 pounds collected. Ho-Chunk Gaming Black River Falls continues to be a front runner, supporting charities within the local community.

Attention Native American Parents!



The Ho-Chunk Nation Health Department is proud to sponsor **Partners in Parenting** A monthly educational session that includes fellowship and a nutritious and delicious brunch.

Brunches will be on **Fourth Thursdays**
11:30am to 1:00pm
Alberta Day Room
The House of Wellness in Baraboo

Topics of discussion include:

Prenatal Education: Nutrition, what to expect at your prenatal appointments, understanding baby's development, and how to cope with the discomforts of pregnancy.

Childbirth Education: What happens during labor, massage, the birth ball, labor positions, and Lamaze.

Postpartum Education: Taking care of baby, what to expect during the postpartum period, ways new mothers can take care of themselves while caring for their baby, and breastfeeding.

Help with car seat installation plus a free car seat, baby gifts and much more!

Family welcome.

Call 355.1240 ext. 5607
If any questions or concerns

Cultural & Community Education Division

HCN - Organic Gardening Cooperative

Project Summary:

Submitted by Woodrow White, Project Manager for the Education Department

- The priority objective is to revitalize the cultural and indigenous knowledge of our tribe's horticultural and gardening heritage. The project starts the new year "gardening season" with a prayer to the Creator and the creative and nurturing energy of Grandmother Earth and culminating with our traditional Green Corn Ceremony and Celebration during peak harvest. This is our Thanksgiving.

- Educationally the project seeks to teach the old indigenous gardening and horticultural practices and history along with the techniques and methods of organic gardening systems. To do this our Cultural Curriculum Development team will research and

develop curriculum, media and website resources for students and all lifelong learners out there. We are in contact with U.W. - Madison Agriculture and Natural Science resource faculty who can arrange student interns to do some work in our gardens so our middle school and high school students can work with them to get a taste of entomology, microbiology and botany. The project promotes healthier organic foods to improve health and nutrition and will present information on the benefits of organic foods and organic cooking vs commercial foods and fast foods.

- The project seeks to establish a base site to develop an organic gardening system at the Whirling Thunder Ranch property outside of Tomah, WI. The Whirling Thunder gardens have already achieved organic



Big Red, a 1954 "Super M" International-Farmall will make gardening an easy task.



Tomatoes and other vegetables waiting in the greenhouse to be planted in the garden.



Melons planted for room to grow.

certification through the Midwest Organic Services Association and will now begin marketing out vegetables and melons to our Headstart schools, Tribal Aging Units and farmers markets at the Nation's worksites and local farmer's markets. The objective here is to become sustainable with a self supporting revenue which will help the Nation to develop and expand into establishing community gardens in other Ho-Chunk communities, to grow other organic crops and start an organic poultry operation. Tribal community volunteers are always welcome because

they can be the teachers of the culture and will eventually bring out more family and community members to feel and live their gardening heritage. Also for the work that family members help out with they can take home some fresh vegetables or melons.

The 2011 gardening season was again a challenge in that we got a late start because of not having any farm machinery to use on a steady basis. We have had to borrow equipment and have the Division of Natural Resources till up our garden plots in order to plant. However with the heavy clay soil by the time we were ready to plant the already tilled soil was rock hard again and needed tilling again and the tractor was not available; so we proceeded to modify our budget and create a line item to buy an old tractor and some new implements (tiller, row hipper). By the time we purchased the tractor and our implements it was June already and we had a short growing season which will result in a small harvest. But the vegetables and melons that we did grow are very good quality organic produce.

Successes and highlights:

- * We achieved our organic certification for the organic gardens, which includes putting another four acres under organic green crops, which builds up the fertility of the soil.

- * We increased our land use from planting 1 acre last year to planting almost 2 acres of vegetables and melons and planting 4 acres of green

crops, which will make a lot more room for more organic gardens next season. It is a tremendous undertaking to convert old pastures into organic garden plots and most farmers and organic gardeners say it takes at least three years to convert old weeded pastures into productive soil fields.

- * We have secured an Agricultural Lease from the Division of Natural Resources to farm 9.1 acres, to have use of the Horse stables building, and the South hay barn.

- * We have now purchased our own tractor (Big Red), a 1954 "Super M" International - Farmall, a new tiller and a new row hipper. We will be purchasing a seeder implement by the middle of September.

- * We hosted a Summer Youth class, which was a very valuable and fun for all the students and the staff. The students received cultural - historical, Ho-Chunk language lessons and stories about our Ho-Chunk gardening culture first thing every day; then the students learned the various stages of organic gardening; greenhouse work, planting, indigenous plants (edible, medicinal), making compost tea and yes - weeding. The students received Organic Gardening manuals for their families use. They also constructed Indian-Ho-Chunk "scare crows" and they did look scary. They ate the first cucumbers and apples this year along with their lunches, but mostly they enjoyed being there and said so in their journals.



Ho-Chunk Nation celebrates Dells Dam property into trust

Sanford LittleEagle
Staff Writer

On Thursday September 15th, 2011 the Ho-Chunk Nation held a Celebration at the Tribal Office Building in Black River Falls to announce and recognize the hard work and the return of lands that were once our ancestral lands, back to the rightful inhabitants; the Ho-Chunk.

The afternoon opened with Gordon Thunder speaking in Ho-Chunk to those in attendance and then speaking in English letting us all know the thoughts that those had had in offering history and gratitude for the achievement of the Nation to put the land in to trust status. Gordon then asked the Ho-Chunk Nation drum for a Welcome Song.

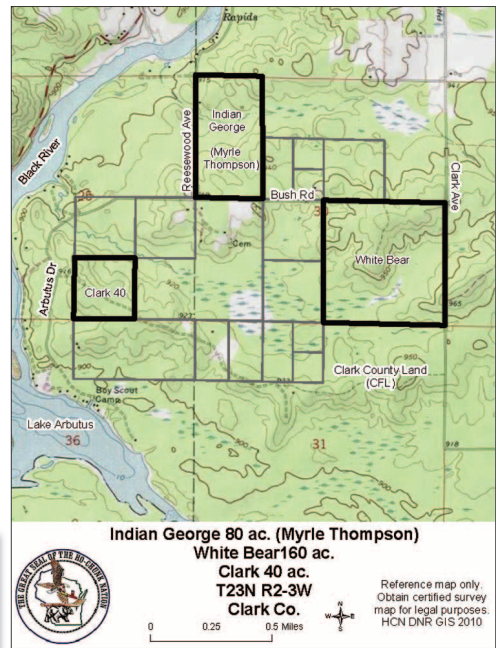
There were three properties in Dells Dam that were accepted into trust on September 7th. They are

called the Myrle Thompson / Indian George Homestead, White Bear, and the Plum Creek Forty.

Dells Dam residents were asked to come and speak about the area, Annabelle Littlewolf-Lowe was great to listen to. She spoke in Ho-Chunk and talked about many different experiences growing up out in the area there in Dells Dam. Annabelle spoke of time in Dells Dam when there was no electricity, no automobiles, when Ho-Chunks would travel by horse and foot from great distances and there were Scalp Dances, Medicine Dances, and Feasts. She recalled and said she would see the Ciporokes go up and sometimes they were there weeks before and weeks after one of the dances or feasts. When Annabelle spoke in Ho-Chunk about this way of life those seated listening to her remembered

that time. She talked about the good feeling how families cared about each other and shared and feed each other, a way of life where our people come from that is not how we live amongst each other like that anymore. It was very heartwarming to sit and listen and see her years of living turn into the storyteller and unfold a glimpse of the past. She had a good feeling in the words she spoke and brought some to tears.

Annabelle recalled when her mother would go way out in the woods and pound ash for baskets and peel by herself, she said in English "We weren't poor or hard up, that's how we took care of ourselves." Her voice was pleasant to hear, her laugh forced you to smile. To think about one elder like Annabelle stories lets us know that there are many stories about what



Three properties in Dells Dam accepted in Trust:
Myrle Thompson/Indian George Homestead, White Bear, and the Plum Creek Forty.

Dells Dam was like for a young a Ho-Chunk girl at that time.

They were many people to thank for this whole process. Neil Whitegull, Paul Tysse, Jay Toth, Bill Quackenbush, Paul Rosheim, Patricia Hagen, Julie Johnson, Nancy

Watenphul, Patti Hanson, Dells Dam residents Myrle Thompson, Crystal Young, and Rita Kingswan.

The Division of Natural Resources provided a cake and coffee. The cake had one word that described the achievement, Pinagigi.



Desmond Mike and Bennett Blackdeer, residents of Dells Dam.



Gordon Thunder offering a Prayer

Indian Corn

Sanford LittleEagle, Staff Writer

The process to "make" Indian Corn relies all on timing, elbow grease, and patience; not to be confused with ashy elbows. First you need supplies. A good running indian car, truck, or van, a corn field that has not been picked over, and more importantly a good crew of HELPERS!!! Then there is also the list of items such as screens, fans, a good Pow-wow tape/CD, firewood, stock pots, and for heaven's sake Spoons! A little sun and warm day doesn't hurt either. Oh let's just throw in some relative humidity while we're at it. Now that the conditions and supplies are in order, let's get to some soup.

You go out in the field with your Gaga, Cuwji, Nanji, or Jaji, Tega, Do-do, Nj-nj, Haksiga, Hayna, or else your Cuwji's Cuwak's Coka from her Hicito's side Hinjik put some Waksik Tanj down, say a prayer and give thanks and pray your findings and hard work will go easy.

Then you peel that first husk off the cob and see if it's ready.



Jackpot! The first check to see if the corn is ready for picking.

If you see that reddish, purple, blue kernels of corn you have struck gold.

Start yanking the corn off the stalks and one by one the basket, bag or blanket begin to fill up. Before it gets too heavy and overloading, go unload the heap of corn while the pit crew begins husking the corn that has already been unloaded. That way you're not there all night doing it yourself.

By the time you get back to Indian Corn Headquarters a.k.a., "Base of Operations", there is a fire going with two old cinder blocks holding up a cooking rack or grate. It is now time to blanch the corn. Get the water boiling and drop in husked corn. Let it sit in the boiling water for about 5- 10 minutes but if you're an old pro, then over the years you just know when it's ready to come out. Some people reuse the water and some dump it out every so often and refill it. After you have blanched a few dozen, here comes the fun part. Kiss the appearance of your fingernails, palms and the skin on and around your thumbs good bye!

Take your spoon and scrape the kernels, as not to smooch them; if it is mushy you have boiled your corn waaaay too long. Scrape your kernels in to large bowls and once you have your first bowl filled it is almost time to start the process. Take your bowl over to the drying screens. A lot of people use old screen windows, some pick up old screen doors from the spring/summer seasons of waruhahas and some people have begun to fashion their own super sized custom drying screens. This involves a trip to your local hardware store and buying screen or



Make sure to grab the corn close to the bottom of the stock and pull downward for a clean getaway.



Beautiful, the look of ready Indian corn.

mosquito netting and some lumber either two by fours or wood slats. Then, affix in corner joints to form what is almost a door frame with screen or netting stretched across to give your corn maximum aeration.

This all sounds easy, but let me reassure you a bowl of corn soup is much more treasured after putting in so much work into your corn. Whether you prepare your corn for feasts, meals, holidays, or birthdays it is well worth the wait and time you put into it.

On a personal note, I was taught to pray when starting this process, while doing it and drying it. Many of quarts of corn that I have prepared have gone on to many families and elder homes and have been used to celebrate some very important times. My Indian corn has made its way to many of kettles at Medicine Dances and Prayer Meetings, and relatives birthdays or Graduation meals. So praying for the offering is not a waste of time. You receive the benefits of where your hard work went to.

So don't be cheap and buy beef, chicken or pork from Wallyworld, go to a good meat locker and get some quality meats that match your efforts.

Blackdeer to represent 35 Tribes

Sanford LittleEagle
Staff Writer

On March 9th 2011 Brett Blackdeer had been nominated to the Indian Reservation Roads Program Coordinating Committee for the Midwest Region and designated Alternate to the IRRPCC by the Ho-Chunk Nation Legislature. On August 9th 2011, LeRoy Gishi, Chief Division of Transportation, Bureau of Indian Affairs had announced that the IRRPCC had voted and accepted Blackdeer to their Committee.

The Indian Reservation Roads Program Coordinating Committee is a Federal program jointly administered

by the Federal Highway Administration (FHWA) and the Bureau of Indian Affairs (BIA) and meets to provide recommendations to the proper implementation of the Indian Reservation Roads (IRR) Program, as authorized in the IRR Program regulations, 25 C.F.R. Part 170. Transportation needs of tribes are addressed by providing funds for planning, designing, construction, and maintenance activities.

Letters of recommendations were sent on behalf of Brett Blackdeer from Match-E-Be-Nash-She-Wish Band of Pottawatomis Indians, Gun Lake Band of Michigan, and the Hannahville Indian

Community Band of Potawatomi. Blackdeer wishes to express his gratitude and gives thanks to each of the Nations that will rely on him to represent their tribe.

While an Alternate, Brett still serves in a vital role, often times Delegate Michael Moilanen of the Mille Lacs Band of Ojibwe may not be available, and Brett will step in and will vote and make recommendations on behalf of those tribes without reservations, such as the Ho-Chunk Nation.

Brett currently works as the Transportation Planning Technician for the BIA Roads Division out of Tomah, Wisconsin.



Brett Blackdeer nominated to the Indian Reservation Roads Program Coordinating Committee for the Midwest Region and designated Alternate to the IRRPCC.

Ho-Chunk Nation holds its Annual General Council

Sanford LittleEagle
Staff Writer

1,796 tribal members of the Ho-Chunk Nation registered to participate in this year's General Council. As written in the Constitution of the Ho-Chunk Nation ARTICLE IV - GENERAL COUNCIL Section 5. Annual Meetings. The People shall meet in General Council at least one time each year, which shall be called by the President, and at other times as provided in Section 6 of this Article. Notice shall be provided by the President for all Annual Meetings of the General Council. President Wilfrid Cleveland had called for

General Council at General Council Agency meeting held in Black River Falls, WI in May 2011

On September 17th, 2011 the Annual General Council meeting was held at the Ho-Chunk Gaming Wisconsin Dells Hotel & Convention Center. Tribal member Willy Cleveland was selected as this year's Chair to run the meeting. Shirley Lonetree was selected to be the recording secretary. Cloud Boy served as this year's Host Drum as they sang the Grand Entry song the Andrew Blackhawk American Legion Post #129 Black River Falls, WI brought in their Eagle Staff, The Red

White and Blue, the Ho-Chunk Nation Flag, and the P.O.W. /M.I.A. Flag as the Hochungra stood to Honor this tradition.

With reaching quorum at 1,051 members, business got under way. There were tribal members from as many as 29 counties from Wisconsin, and 7 states present at this year's General Council. Many enjoyed seeing their relatives and stopping at different tribal booths, and craft stands. There was no child care provided this year and that did not seem to be a problem as some had anticipated. There were many non-members present, but in speaking with a GCA member who did not wish to be identified, "Thought it was allowable, because there was no child care and in a public venue." Whether that remains to be a factor in the future, in speaking with some



Emcee Parmenton Decorah introduces the Youth General Council of the Ho-Chunk Nation.

tribal members, they were not pleased with many non-tribal members present and were suspicious of media.

All in all, it was positive. No Legislators were removed,

some resolutions were passed that will help the Nation down the road, when set properly in place and funding is available.



Chief of the Ho-Chunk Nation Clayton Winneshiek sitting, listening, and smiling.



Members of the Andrew Blackhawk American Legion Post #129 Black River Falls, WI bring in the Colors and stand as the Flag song is sung.

2011 RESOLUTIONS THAT PASSED AT GENERAL COUNCIL

No. 09/17/11- 01

DISENROLLMENT OF ENROLLED HO-CHUNK NATION TRIBAL MEMBERS TO BE ADDRESSED FIRST (1ST) ON THE AGENDA UNDER NEW BUSINESS AT ANY AND ALL DULY CALLED SPECIAL OR ANNUAL MEETING(S) OF THE HO-CHUNK NATION GENERAL COUNCIL – **PASSED**

No. 09/17/11- 02

DISENROLLMENT OF DONNIE TROY SCHAITELE ID# 439A006339 – **PASSED**

No. 09/17/11- 03

DISENROLLMENT OF DARIA MARIANNA POWLESS ID# 439A004799 – **PASSED**

No. 09-17-11- 05

DISENROLLMENT OF JENNA C. LITTLEGEORGE ID# ID# 439A004089 – **PASSED**

NO. 09-17-2011- 06

Hocak Wazijaci Nation Veterans Home Ownership Program Resolution – **PASSED**

NO. 09-17-2011- 12

RESOLUTION TO AMEND THE CONSTITUTION REPEALING AMENDMENT V, WHICH REQUIRES A BACHELORS DEGREE TO SERVE AS A LEGISLATOR – **PASSED**

14th Annual Co-ed Softball Tournament Winners

1st place - \$4,500, Trophy, Jackets

Team Haskell, Lawrence, Kansas



Jason Martinez (Oneida), Jed Summers (Oneida), Martin Thunder (Oneida), Gonzalo Castillo (Oneida), Mike Bendorf (Ponca), Arthur King Jr. (Oneida), Leslie Bowman (Menominee), April Johnston (Cherokee), Ashley Hoaglen (Wailaki), Leah Eike (Cherokee), Nicole Bennett (Washoe).

*Sponsored by the
Ho-Chunk Nation*

There were eleven (11) teams that participated. The teams with two losses on the first day of play were randomly placed into a Consolation Bracket. All of the teams in the consolation bracket received a free t-shirt.

(not pictured)
2nd Consolation Winner
Josh Webster Memorial
(Oneida) - \$250

Jermaine Webster (Oneida), Jennie White (Menominee), Jason Denny (Oneida), Dominic White (Oneida), Dionne Madosh (Menominee), Alex Montgomery (Potawatomi), Nasbah Hill (Oneida), Brian Denny Jr. (Oneida), Josh VanZile (Mole Lake), Heather Pauliot (Potawatomi), Roman Leonard (Menominee).

2nd place - \$3,500, Trophy

Big Smokey Falls Rafting (Menominee)



Brandon Frechette, Anthony Leaman Jr, Kristin Boivin, Maniyan Pyawasay, Pam "Hootsie" Frechette, Catherine Pocan, Lowell Waupoose, Mequon Corn, Daryl Wilken, Michelle Mauritsen, Mary Nahwahquaw, Diana Okimosh.

3rd place - \$2,500, Trophy

Tom Rasmussen Memorial (Oneida)



Brad Skenandore, Leslie Duxtater, Kathy Duxtater, Kory Wesaw, Gerald Danforth, DaBen King, Stevi Skenandore, Gene Rasmussen, Shakira Rasmussen, Melinda Danforth, Presley Moore, Irene Danforth, Isaac Yellowbank.

4th place - \$1,500

Ho-Chunk Gaming (Ho-Chunk)



Ira Anderson, Wesley Cloud, Derek Youngthunder, Rob Mudd, Damion Whitegull, Rhonda Anderson, Cherisse Cherwenka, Christine Mach, Erica Rave, Tina Boisen, Raquel Greendeer, Rosalind Cleveland.

Consolation Winner - \$750:

Tuna Wranglers (Saginaw Chippewa, Grand Traverse)



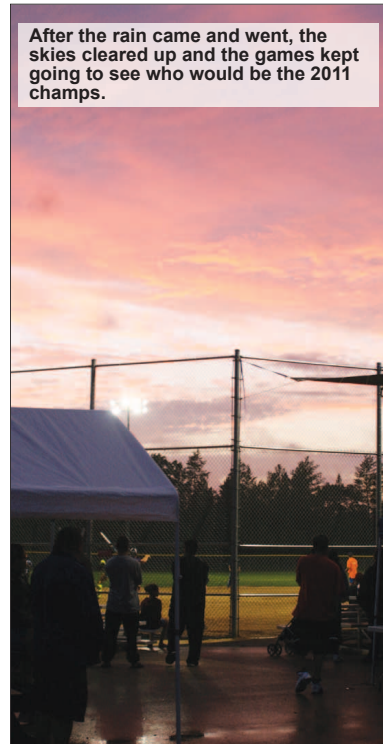
Angie Shinos, Emilio Sanchez, Moses Cleveland (Ho-Chunk), Melissa Montoya, James Trepanier, Tonia Gasco, Marlene Gasco, Jeff Gasco, Michelle Shaw, Michael McSawby, Michael Shaw.



This one was out of the park!



Derek Youngthunder aka Wheelz.



After the rain came and went, the skies cleared up and the games kept going to see who would be the 2011 champs.



Moses Cleveland says, "Cheese!"



Anita Walker and a close force out.



Thanks to the ground crew for keeping the fields ready to go.



Cari Spera VS Jesse "Kunu" Walker on the green team.

Labor Day Weekend Pow-Wow 2011

Continued from Page 1

Congratulations to Skkyler M. Snowball who was the last man standing. For those that stuck it out in the cold, there was also a 49 Contest as well. The deciding factor was not easy, so the pow-wow committee chose to have two winners, both taking home \$250.

On Monday, the emergency medical helicopter for Gundersen Lutheran Medical Center "MedLink AIR", and Law Enforcement vehicles from Juneau and Jackson Counties, Menominee Tribal

Police, along with Emergency Services from Black River Falls came to display their vehicles at the Pow-Wow. Race Car Driver (tribal member) Ken Lewis also took time to put one of his Race Cars proudly on display. Cara Lee Murphy of Post #129 Pow-Wow Committee said, "We're especially grateful that Medlink, Black River Falls Ambulance and EMT Service could take time out on a holiday weekend to be with our Ho-Chunk Nation. They could have been elsewhere and made time to come be

with the Ho-Chunk Nation on the Labor Day Holiday." The Med-Link Air helicopter from Gundersen Lutheran Hospital was the first time they were asked by the Ho-Chunk Nation to participate and said, "We're happy to have been here."

As the Veterans brought in the Staff and Colors for the last time for the Labor Day pow-wow weekend; Smokey the Bear also made his presence and came in Grand Entry. Smokey waved to the crowd and danced hard. As Veterans, families of Veterans, and those still serving on leave, and those in the reserves came out and danced during their song (Army, Navy, Marine, and Air Force); it was back to the singing contest. The third and final go-around for the drum contest was one to have been there for, strong singing all the way down the line.

The Committee also honored the Workforce, those that put their lives on the line on a daily basis in public service, Law Enforcement, Emergency Services, and Fire Fighters. The Ho-Chunk Nation has

many tribal members who put their lives on the line with the work they do. Just to name a few of the tribal members who were invited to attend: James Pidgeon-Wood County Sheriff's Dept., Earl Lemieux and Mike Rave of Jackson County Sheriff's Dept. The Committee also recognized Ian Littlejohn; an active Firefighter, EMT, and Instructor for the last 15 years. All those honored received plaques in gratitude for their service and were taken around the arena in dance by President Jon Greendeer. Many came and

showed their appreciation by coming out to shake their hands and dance with them.

As the pow-wow started to wind down, the colors were retired and the contest drums patiently awaited the outcome of the Drum Contest. Results:

- 5th Place - **Wazi Jaci** - Black River Falls, Wisconsin
- 4th Place - **Southern Boyz** - Lawton, Oklahoma
- 3rd Place - **Eagle Feather** - Tama, Iowa
- 2nd Place - **Smokey Town** - Zoar, Wisconsin
- 1st Place - **Iron Boy** - St. Paul, Minnesota



Terrance Cleveland (far right) leading the Junior & Teen Boys in the Fish Dance.



Smokey the Bear being lead around the arena as the Junior Girls Traditional makes their way through Grand Entry.

NOTICE AND RULES OF SPECIAL ELECTION FRIDAY, SEPTEMBER 23, 2011

Legislature District 3, Seat 1 Candidates:

**Allen C. Cloud
Heather Cloud
Elena Terry
Myrna J. Thompson**

Notice is hereby served to all eligible voters of District 3. The Ho-Chunk Nation is calling a Special Election, which will be held due to the resignation of Legislator Elena Terry District 3, Seat 1. The Ho-Chunk Nation Election Board, in accordance with the Constitution of the Ho-Chunk Nation will conduct a Special Election. ARTICLE IX – ELECTIONS and the Election Code 2 HCC Sec. 6, states in relevant part:

ARTICLE IX-REMOVAL, RECALL AND VACANCIES

Section 10. Vacancies in the Legislature. If a vacancy occurs in the legislature because of death, mental or physical incapacity, removal or recall vote, resignation, felony conviction, or for any other reason, such vacancy shall be filled in the following manner:

- (a) If three (3) months or more remain before the next General Election, the Election Board shall call a Special Election in the appropriate District to be held within Thirty (30) days.

NOMINATIONS OF CANDIDATES

The official candidacy forms may be obtained from the Election Board Members or the Election Board Office. A candidate for elective office shall submit an Official Nomination Petition, Declaration of Candidacy and a \$5.00 Filing fee by hand delivery or U.S. Mail to the Election Board office before the close of the nomination period on Friday, September 9, 2011 at 4:30 p.m. ORIGINAL FORMS MUST BE SUBMITTED FILING BY FAX OR COPIES WILL NOT BE ACCEPTABLE. To be eligible for Legislative Office, candidates must comply with 6e of the Election Code which states
"...candidates have resided for at least one (1) year immediately prior

to filing the petition declaring her/his candidacy...Residency is defined as the permanent physical address stated on the periodic Address Verification Forms.....

ELIGIBLE VOTERS:

Any enrolled member of the Ho-Chunk Nation who is at least eighteen (18) years old and who has resided in their respective district for at least three (3) months. See Election Board Code Sec. 9 (b).

REGISTRATION

Each person seeking to vote must register at the polling place by showing identification before receiving an Official Ballot. If a person cannot write, that person must sign his/her name with a mark before two (2) witnesses. A Ho-Chunk translator will be available to assist any tribal member who requests assistance.

ELIGIBILITY DISPUTES:

Any individual whose name does not appear on the eligible voters list can claim the right to vote by presenting a written challenge to the Election Board. Any eligible voter may challenge the eligibility of an individual's name appearing on the eligible voters list by presenting a written challenge to the Election Board. Challenges must be received at the Election Office prior to 4:00 P.M. on Friday, September 9, 2011. Such claims or challenges may be hand-delivered, faxed or mailed to:

Ho-Chunk Nation Election Board
206 South Roosevelt Road
P.O. Box 756
Black River Falls, WI. 54615
TELEPHONE (715)284-8900
TOLL FREE (800)890-0583
FAX NUMBER (715)284-8600
E-MAIL:
Election.board@ho-chunk.com

The Election Board shall rule on all written challenges to the eligible voters list immediately after the close of the challenge period. The Election Board decision shall be final.

ABSENTEE VOTING:

A voter may vote by absentee ballot provided the Election Board receives the absentee ballot request in writing no later than Monday, September 19, 2011 by 4:00 P.M. See Election Board Code, Page 13, sec. 11 a(1) Requests MUST INCLUDE the eligible voter's name printed or typed (with signature), physical address where the ballot will be delivered (we use UPS next Day Air – UPS Next Day Air will not deliver to a P.O. Box), daytime telephone number and enrollment number. Absentee Ballots must be received before 7:00 P.M. on Friday, September 23, 2011.

Absentee ballots may be returned by overnight mail, so they may be received at the Election Board Office or the polling places prior to the Election Day. **NOTE THAT FEDEX and UPS NEXT DAY AIR DOES NOT DELIVER IN BLACK RIVER FALLS ON SATURDAYS.**

POSTING ELECTION RESULTS:

The Election Board shall certify and post the official election results within three (3) days after the date of election.

CONTESTING OF ELECTION RESULTS:

Any member of the Ho-Chunk Nation may challenge the results of any election results within ten (10) days after the Election Board certifies the results. The Trial Court shall hear and decide a challenge to any election within Twenty (20) days after the challenge is filed in the Trial Court. See. HCN Constitution Article VIII, Election, Sec. 7, and Election Code Sec. 18 (a)

ELECTIONEERING:

There shall be no electioneering within fifty (50) feet of any polling places.

SPECIAL ELECTION FRIDAY, SEPTEMBER 23, 2011

POST NOTICE OF ELECTION

Monday, August 29, 2011

POST ELIGIBLE VOTERS LIST

Tuesday, August 30, 2011

CHALLENGES TO THE ELIGIBLE VOTERS LIST MUST BE RECEIVED PRIOR TO 4:30 PM

Friday, September 9, 2011

OFFICIAL NOMINATION PETITION DEADLINE

Friday, September 9, 2011

LAST DAY TO REQUEST ABSENTEE BALLOTS

Monday, September 19, 2011

4:00 PM

SPECIAL ELECTION DAY Friday, September 23, 2011 8:00 AM TO 7:00 PM

POLLING PLACES:

OPEN AT 8:00 A.M AND CLOSE AT 7:00 P.M.

•**BLACK RIVER FALLS, WI**
TRIBAL AGING UNIT
INDIAN MISSION
715/284-0811

•**TOMAH, WI**
TRIBAL AGING UNIT
358 EOS ROAD
608/372-4547

•**LA CROSSE, WI**
LA CROSSE BRANCH OFFICE
724 MAIN STREET
608/783-6025

•**BARABOO, WI**
HOUSE OF WELLNESS
S2845 WHITEEAGLE ROAD
608/355-1254

•**WISCONSIN DELLS, WI**
INDIAN HEIGHTS
N9557 Dyer Avenue
WISCONSIN DELLS, WI.
(Call Election Board Office)
715/284-8900

•**WISCONSIN RAPIDS, WI**
CHAK-HAH-CHEE COMM. BLD.
916 CHAK-HAH-CHEE LANE
715/886-5444

•**WITTENBERG, WI**
TRIBAL AGING UNIT
W17956 WITT-BIRN TOWNLINE
ROAD
715/253-3536

•**CHICAGO, IL**
CHICAGO BRANCH OFFICE
5744 W IRVING PARK RD
773/202-8433

•**MILWAUKEE, WI**
MILWAUKEE BRANCH OFFICE
3501 S. HOWELL AVENUE
414/747-8680

•**ST PAUL/MINNEAPOLIS, MN**
MPLS./ST PAUL BRANCH
OFFICE
1821 UNIVERSITY AVENUE
SUITE # 409 N.
651/641-1801

•**MADISON, WI**
MADISON BRANCH OFFICE
1320 MENDOTA STREET
608/277-9964

•**GREEN BAY, WI**
PARISH HALL
2936 FREEDOM ROAD
ONEIDA, WI.
920/869-1059

The following individual applicants have met the requirements of the HO-CHUNK NATION CODE (HCC) TITLE 2 – GOVERNMENT CODE SECTION 7 – TRIBAL ENROLLMENT AND MEMBERSHIP CODE, Enacted by Legislature: October 16, 2007 in accordance with the Constitution of the Ho-Chunk Nation and the Tribal Enrollment and Membership Code. The Enrollment Officer will certify a Notice of Eligibility for Membership and will publish such Notice in the Nation's newsletter and on the Nation's website. Upon publication a sixty (60) Day notice period begins. The Notice of Eligibility for Membership must include the Applicant's name, date of birth, Base Roll ancestry, Ho-Chunk Blood and parent. There will be an exemption for adoptions. Pursuant to Wisconsin and other States' Laws certain information will be neither published nor released. This determination may be appealed to the Committee on Tribal Enrollment (contact the Office of Tribal Enrollment) by any adult (18 years and older) enrolled Ho-Chunk Nation Member within sixty (60) Days after the date on which the Office of Tribal Enrollment publishes Notice of Eligibility for Membership.

EOPUB09152011**Publication Date: 09/23/2011**

APPLICANT NAME	DATE OF BIRTH	BLOOD QUANTUM	ANCESTOR	FATHER	MOTHER
ANDERSON, Arrie Jae	10/15/2009	1/4	No Ro Ho Kah John Thompson, Sr. 1901 - #00631	_____	Kristin Marie Hernandez
BEARSKIN, Elias Mateo	10/17/2007	55/128	Homp Dae Mon E Kah John Bearskin N – 1910 - #00594	Benjamin John Bearskin III	Adria Jade Sanford
BEARSKIN, Orion Maceo	10/17/2007	55/128	Homp Dae Mon E Kah John Bearskin N – 1910 - #00594	Benjamin John Bearskin III	Adria Jade Sanford
BROWN, Jimmy Kenneth	01/25/1995	1/4	Chak Shep Me Nunk Kah Henry Mike 1901 - #00199	David Kenneth Huling	_____
CLEVELAND, Chanel Jade	01/25/2006	63/128	Silas Cleveland N – 1910 - #00557	Gabriel Delano Cleveland	Non – MEMBER
CLEVELAND, Delvin Silas	01/12/2011	63/128	Silas Cleveland N – 1910 - #00557	Gabriel Delano Cleveland	Non – MEMBER
CRUZ, Anthony Carlos JR	09/16/2008	1/2	Na He Kaw Duncan Rave N – 1910 - #00775	_____	Leanne Joy Rave
CRUZ, Antonia Maria	10/28/2006	1/2	Na He Kaw Duncan Rave N – 1910 - #00775	_____	Leanne Joy Rave
CRUZ, Briana Francis	09/24/2004	1/2	Na He Kaw Duncan Rave N – 1910 - #00775	_____	Leanne Joy Rave
DECORA, Darikka A'Marie	01/31/2011	63/128	Paul Leland DeCora, Sr. N – 1910 - #00405	Non – MEMBER	Celia Joi Carren White
DECORAH, Kahlea Jade	02/21/2010	1/4	Wa Con Cha Cho Nee Kah William Decorie 1881 - #00486	Tye Terrill Decorah	_____
FALCON, Hannah Jo Marie	01/09/2007	1/2	He Wee Chaw Zhou Kay Kah Thomas Falcon 1881 - #00410	Anthony Martin Falcon	Non – MEMBER
FALCON, Mia Rosemary	09/29/2005	1/2	He Wee Chaw Zhou Kay Kah Thomas Falcon 1881 - #00410	Anthony Martin Falcon	Non – MEMBER
FUNMAKER, Kayala Marie	05/07/2010	1/4	Wojh Tchaw He Ray Kah George Funmaker, Sr. 1881 - #00328	Caleb George Funmaker	Non – MEMBER
GREENGRASS, Priscilla Joanne	10/08/2009	9/16	Hunk No Choe Che Kaw John Snake N – 1910 - #00969	Michael Anthony Greengrass	Marcella Kathryn Redbird
HESER, Marilyn Lily	01/26/2010	1/4	Wojh Tchaw He Ray Kah George Funmaker, Sr. 1881 - #00328	John Gregory Hesper	_____
HULING, Talon Kenneth	06/19/2007	1/4	Chak Shep Me Nunk Kah Henry Mike 1901 - #00199	David Kenneth Huling	_____
HULING, Trina Kaye	05/05/2009	1/4	Chak Shep Me Nunk Kah Henry Mike 1901 - #00199	David Kenneth Huling	_____
KIESOW, Kaliegh Rain	05/09/2011	1/4	Wa Qua Ho Pin Kah Henry Thunder 1881 - #00129	_____	Nicole Dawn Thunder
KRAUSE, Kathryn Isabel	01/11/1997	1/4	Wa Con Cha Cho Nee Kah William Decorie 1881 - #00486	_____	Delores Marie Whiteagle
LONE TREE, Christian Isaac	07/09/2002	1/4	Na E Nee Kee Kah Alec Lonetree 1881 - #00016	Jonathan Kirk Lonetree, Jr.	_____
LONE TREE, Emily Rose	03/04/2000	1/4	Na E Nee Kee Kah Alec Lonetree 1881 - #00016	Jonathan Kirk Lonetree, Jr.	_____
LONETREE, Jonathan Kirk III	10/20/1998	1/4	Na E Nee Kee Kah Alec Lonetree 1881 - #00016	Jonathan Kirk Lonetree, Jr.	_____
MAHKIMETAS, Alfred Joseph, JR	05/01/2002	1/4	Wo Ship Kah Harold Fred Blackdeer, Sr. 1901 - #00969	_____	Neva Jean Littlegeorge
NOTINOKEY, Benjamin Joseph Lee	04/22/2011	1/4	Hoe Hump Chee Kay Ray He Kah Charlie Greengrass 1881 - #00286	Non – MEMBER	Candy Louise Greengrass
OWEN, Sofia Michelle	12/06/2010	1/4	Cha Wak Ja Xi Gah Will Greendeer 1901 - #00080	Michael John Owen	_____
PENLAND, Cayden Mayne	02/08/2011	1/4	Wau Kon Chaw Jho Noo Kah Frank Winneshiek 1881 - #00395	Joseph Anthony Penland	_____
POSNER, Joel Ezra	05/12/2008	1/4	Mon Naw Pa She Sheck Kaw Henry BadSoldier Walker-Stacy 1881 - #00079	_____	Stacy And Whitecloud
RAVE, Cyrus Anthony	12/11/2010	1/4	Na He Kaw Duncan Rave N – 1910 - #00775	Brandon Kurtis Rave	_____
RAVE, Kurtis Allen	12/11/2010	1/4	Na He Kaw Duncan Rave N – 1910 - #00775	Brandon Kurtis Rave	_____
RAVE, Luke William	02/28/1998	1/4	Na He Kaw Duncan Rave N – 1910 - #00775	Lance D Rave	_____
RODRIGUEZ, Juliana Isabela	08/23/2010	15/32	Reuben Harold Snake, Sr. N – 1912 - #00896	_____	Julie Agnes Climer
ROCKMAN, Conrad Dain	07/14/1988	19/64	Ma Na Ho La Ja Ga Grover Rockman 1901 - #01115	Jeffrey Jay Rockman	Non – MEMBER
SCHOCKO, Mahlon Joseph	03/03/2010	1/4	Wojh Tchaw He Ray Kah George Funmaker, Sr. 1881 - #00328	Stacy Richard Gordon	Non – MEMBER
WINDY BOY, Nahminae Kambree	08/16/2008	1/2	Na E Nee Kee Kah Alec Lonetree 1881 - #00016	Non – MEMBER	Lindsey Sue Lonetree
YOUNG, Matthew Joseph	03/19/1996	11/32	No Ro Ho Kah John Thompson, Sr. 1901 - #00631	Dion Joseph Thompson	Non - MEMBER

Executive Director, HCN Department of Education

ADRIENNE THUNDER

Confirmations submitted by
Katie A. Funmaker
Public Relations Specialist



Adrienne Thunder

Ho-Chunk Name: Ahu gi ni wi
Department Goals & Objectives: The primary objective of the Education Department is to assist tribal members in their educational pursuits, from Head Start to Higher Education. Our current primary goal is to provide support to students and families related to educational expenses and, in the future, to grow to also provide student services and support at any educational level.

Reason you pursued a Higher Education: I learned from my family that my clan responsibilities include service to our people. From an early age, I loved learning and academic pursuits, and as I grew older, I came to understand that I can serve my people, and other Native people too, through education. I understood very early on that the educational process is not an easy one and that it

can be particularly difficult for Native people due to our collective history with colonization and forced assimilation efforts through the boarding schools. I also know that education can be a tool for healing, strengthening and prospering our Nation, and it is with this in mind that I put my mind and efforts towards the work in this Department.

Past Accomplishments: I believe it is a big accomplishment to get one's formal education and still retain one's identity and values as a Ho-Chunk person. In my experience, higher education was about learning how to learn and to think critically but in a context that did not necessarily reflect or appreciate my background or worldview. I strongly believe it is possible to be a scholar and to be Ho-Chunk, but I also believe that our Ho-Chunk scholars need to take the knowledge we need from educational

institutions but to stay connected and stay grounded in our culture and our values. As a Nation, we have large issues to address, and we need all of our people to help do what we can. Each of us has something to contribute. In my case, I hope it is what I have learned about the education system, how to help our Ho-Chunk students navigate it and how we can use education to help all of us live better lives.

How are you going to help Ho-Chunk Members grow & develop their job skills? The Nation wants to see its members achieve personal and professional success. It needs skilled professionals at all levels and in all departments. We especially need knowledgeable tribal members in our leadership positions, since the areas in which we need to grow and develop are becoming increasingly complex and broad. I will

seek to build connections with other tribal Departments to attempt to fulfill the current and future areas of knowledge and skills we'll need. Ho-Chunk preference means we have to build the intellectual infrastructure of our Nation. I am proud of our people and what we've been able to accomplish, particularly since those days of this form of government in the early 1960s. It is our responsibility to continue to build on that hard work and determination.

How will you help Legislators with district concerns? I aim for Education to be responsive, courteous and efficient at serving our tribal members. I look forward to working well with members from all branches of our government to protect and serve the interests of the Nation.

How do you feel you can make the Ho-Chunk Nation stronger in this position? Our people are our greatest

resource. The Department of Education is about increasing what each of us is capable of achieving, which makes us all the richer, all the stronger as a Nation. I want to encourage all of our tribal members to strive to learn more -- especially our language and culture but also a new field or subject or even a new hobby.

Executive Director of Social Services

ELIZABETH HALLER



Elizabeth Haller

Reason you pursued a Higher Education: When I was in high school, no one encouraged me to go to college. When I was young,

I had reservations with higher ed/academia. I was one of those who doubted her capabilities.

I had been working in the human services field for over a decade, before I made the decision to get a degree. My work colleagues encouraged me to go to college. They said that even though I was a

good employee, working to get a degree will open more doors for better work opportunities and allow me to have more choices in the work force. I knew it would be hard work, but I knew I was ready to take this new venture. I had two young daughters at this time who were depending solely on me to provide for them. I worked, took care of my daughters and went to school full-time. It was probably one of the most challenging times in my life. There were times when I thought I can't do all of this. But, I hung in there and made it through. Looking back, this experience gave me strength and it has helped me when I face the challenges that come before me today.

No one can take your education away from you. I went to complete my bachelors and my master's degrees. So, I am the first in my family to go to college.

In closing, there is one thing that I am very aware of with

regard to higher education. It can provide you with a good foundation. But, if you cannot connect with people in a respectful and compassionate manner in the work that you do or to be sensitive to others with regard to their life challenges they endure; your education cannot provide you with this realm of knowledge and understanding of the human spirit. That can only come from one's heart.

Past Accomplishments I guess I would have to say it is what I just wrote in the previous question.

How are you going to help Ho-Chunk members grow and develop their job skills?

I already do. I encourage our Ho-Chunk members not to be afraid to grow and try something new. I make a point to encourage the social service staff to keep growing and build on the skills that they have. I tell them that it is okay not to know, it is okay to make mistakes. Sometimes our mistakes can be our best

teacher if we allow ourselves to learn from them. I remember those who encouraged me and I am so grateful they did. I look for trainings or opportunities that I believe will be beneficial for the social services employees. I am available to staff who want to ask me questions about their work. I offer ideas and will refer them to someone who may be good for them to talk to.

How will you help Legislators with district concerns?

In the past, for the most part, I have been notified through OOP that there is a district concern. There are also times when I may receive a call from one of the Legislators. Depending on the circumstance, I will either ask them to call our intake so that the information is documented and reviewed so see whether we can assist. There are times when it is appropriate for me to talk to a tribal member directly, especially if there is a complaint or concern within

one of the divisions. I follow-up and will ask the staff to explain their understanding of the presenting issue. Then, I will get back to the tribal member to share the outcome.

It is important in this department to adhere to confidentiality. When a Legislator makes contact regarding a child protection case, we cannot disclose any information without a signed release of information from the party they are inquiring about. Otherwise we are violating the client's rights.

How do you feel you can make the Ho-Chunk Nation stronger in this position?

When I accomplish most of the work before me, then I am adding strength to our Nation. And hopefully, the next person chosen for this position will continue to build and strengthen this Nation. I have been a public servant for most of my working years. It is not easy work. But it has a value that makes it worth the challenges one faces in this field.

Interim Executive Director of Heritage Preservation

ROBERT J. MANN

Ho-Chunk Name: Woon-agire Waaksik

Department Goals and Objectives: Ensure that the previous goals & objectives that were established are carried out. Set my own goals and objectives for the next year. This will include combining various departments in order to provide better services to our tribal members and government.

Reason you pursued Higher Education: To utilize my GI Education benefits I earned to help me accomplish my career goals.

Past accomplishments: There is only one accomplish-

ment that is very important to me and our people. It was the article that was published in The American Legion written about the tobacco that is carried by our Ho-Chunk Warriors entitled "Sacred Tobacco". This issue is not over by any means, this was only the beginning. Being in the position of Executive Director of Heritage Preservation, I can bring this issue to the forefront. The ultimate goal is to make amendments to the Native American Religious Freedom Act of 1978. By working cooperatively with the US government this goal can be achieved, creating a

better understanding of native cultures.

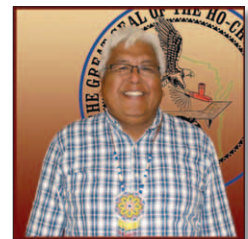
How are you going to help Ho-Chunk members grow & develop their job skills?

Instill pride and dignity into the hearts and minds of Ho-Chunk members by letting them know that they provide an invaluable services to our people. In order to accomplish that goal I will work with each of the Division Directors in developing a plan by creating a better working environment and providing the tools necessary to carry out their duties.

How will you help Legislators with district concerns?

Notify the President that we are working with the Legislators to address concerns as quickly and efficiently as possible. Keeping everyone in the loop, so all the information disseminated is correct and there is no miscommunication.

How do you feel you can make the Ho-Chunk Nation stronger in this position? By following our traditions and customs in carrying out the responsibilities and duties of this position, it will remind our employees and people that we serve, that we must always put these thoughts in the forefront of our minds.



Robert J. Mann

By doing this it will help understand the proper etiquette when it comes to addressing or requesting something.

Potluck Dinner—Meet & Greet



Contact person: Shane Yellow Thunder
Shane.YellowThunder@Ho-Chunk.com

Ceexhaci Community Building
Nekoosa

Time: 5-7pm

Date: 9/30/11

Aho Hinikaragi-wino. Come an get to know Ho-Chunk Language apprentices working in your community. Dinner will be a potluck dinner. Feel free to bring a dish. We will be playing waguje kook and pinaga. Any and all are invited!

14th Annual Co-ed Softball Tournament

Continued



Announcers for the weekend were Roxanne Whitegull, Lawrence Walker, Andi Cloud, and Neil Whitegull. Great job!



MYRNA J. THOMPSON

DISTRICT III LEGISLATURE

Vote
Sept. 23,
2011

**Vote for me to serve
the Ho-Chunk Nation**

SERVICE

- Legislator 1999-2008
 - US Marine Corp '59-'61, Honorably Discharged
 - Veteran's Affairs Advisory Committee
 - Tribal Aging Unit
 - Constitution Reform Task Force
 - Niikuusra Community School, Nekoosa
 - Gaming Commission
- Employed presently as a State Certified Social Worker for CFS

Strengths

- Ho-Chunk Preference/Employment
- Tribal Elder Issues
- Veterans' Issues
- Controlled Spending
- Address Tribal Housing Shortage
- Maintain open door, working communications with constituents
- Zero Tolerance

**I will serve with *HONESTY, INTEGRITY, DIGNITY*
and *DEDICATION* **TO THE HO-CHUNK
PEOPLE****

Please feel free to call me at 715-323-5177



**Ho-Chunk
Language Division
is NOW HIRING
1 Grant Assistant
position for
the ANA
Language
Grant**

Duties and Responsibilities:

Assist with the implementation and coordination of the ANA Grant, development of new language materials, timelines and reports as described in the ANA grant.

Requirements:

Ability or willing to learn to speak, read and write Hoocak. Possess basic knowledge and understanding of Hoocak culture. Must possess good communication, computer, writing and implementation skills. Minimum of Associates degree and must meet Ho-Chunk Nation ERA requirements.

**For Full Job requirements and application stop at Hoocak Waazijja Hacı Language Division.*

***Hoocak Waazijja Hacı
Language Division**

**N4845 Hwy. 58
Mauston, WI 53948**

**Application will be taken at
the Language Office until
October 7th during hours of
operation:
8am-4:30pm Mon-Fri**

Ho-Chunk Community Playgroup

Sponsored by:

- Ho-Chunk Head Start • Black River Falls School District
- Jackson County Birth to 3

Come Play with us!

- Do you have a child who is four years old or older?
- Would you like for your child to have more social interaction with other children?
- Do you have questions or concerns about how your child is developing?
- Would you like to know more about your child's development?

The Ho-Chunk Community Play Group can address these questions. Please feel free to contact anyone on the contact list for more information about our playgroup.

Our play dates

- September 30, 2011
- October 14, 2011
- March 30, 2012
- April 27, 2012

10:30 – 11:30 at:

Sandpilot Head Start Center
N7293 Low Cloud Road

Contacts:

Gina White Eagle Sandpilot Head Start 715-284-3331	Ann Dehmer Ho-Chunk Head Start 715-284-9343 ext.1171	Anita Leis Jackson Cty. Birth to 3 715-284-4301 ext. 301	Kristin Geler Forrest Street Early Learning Center 715-284-9406 ext.4107
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Save the Date

**Ho-Chunk Nation Judiciary
16th Annual Law Day**

Thursday, Oct. 6, 2011
12:45 p.m. – 4:45 p.m.
Ho-Chunk Nation Courthouse
(Wa Ehi Hoci)
W9598 Hwy 54E
Black River Falls

Topic: Administrative Adjudication
and Judicial Review

Annual Golf Outing, Tee Time 9:15 a.m. at
Skyline Golf Course in Black River Falls

Dinner at 5:00 p.m., Tentative Social
Dance to follow (until dusk)

Wisconsin Tribal Judges Association
Meeting, Friday, October 7, 2011



**Please be advised that the
Home Health Aid classes
set for September have been
rescheduled for November.**

If you have questions please call:
Cleo Littlegeorge at (715) 284-9851 X 5315 or
Marilyn Yellow Bird at X 5360.

**Monthly Board Meeting
For
Ho-Chunk Housing and
Community Development Agency
(HUD)**

**Thursday, September 22, 2011
6:00 PM**

HHCA at Tomah,
corner of Monowau Street & Sime Avenue

Agenda items by noon, Sept. 15, 2011
Contact Board Secretary at Ext. 222
HHCA (608) 374-1245 Ext. 222
Fax: (608) 374-1251



Veterans Healthy Living Fair

Thursday October 6th Noon to 8:00 p.m.

And

Saturday October 8th from 10:00 a.m. to 2:00 p.m.

Location: V.A. gym; Building 15 on 4th Street of the V.A. campus

There will be booths related to many services offered at the V.A.; many educational booths and a vast array of people to assist you with health questions, concerns and information to promote health and wellness. Flu vaccines will be provided to Veterans attending. Some areas that will be at the Fair are pharmacy, advanced directive information, home care services available, Women's health, tobacco cessation, exercise information, My Healthe Vet info and sign up, weight loss, homelessness information, VA Police with safety materials including gun locks, mental health services information and much more. We will have door prizes and refreshments.

For more information contact

Darci Kolb, MSN, FNP-BC; Health Promotion and Disease Prevention Program Manager; Tomah V.A.
608-372-3971 extension 64097 or 1-800-872-8662 extension 64097

HAGA Tour

Submitted by Gary Hall

The HAGA Tour concluded its 2011 season at Lake Arrowhead – The Pines Course near Nekoosa, Wisconsin on Sunday September 11. The event was hosted by the officers and board members of the HAGA Tour with its funds from the Ho-Chunk Nation and donations from regular golfers

of the tour. The board is very appreciative to the Nation and contributors of the various outings throughout the season with door prizes, monetary contributions and of course the many volunteer hours it takes to make an event successful. The Tour also hopes it brings understanding to the general public about the Ho-Chunk Nation in its

cultural and business aspects throughout the years. As the tour looks forward to the next year, participation is the key in keeping the camaraderie in the game of golf within the Nation.

Once again, this being the last event of the season thirty-eight golfers signed up for this event with three youth participating, seven of the participants were 65 years or older. Temperatures in the high 80's with a few clouds made for a perfect day, but the long yardage of the course seemed like a full day of work. All 18 holes were covered with flag events along with a "skins" game, meaning extra payouts. The entry fee paid by the golfers included a steak dinner prepared by the club's restaurant which was enjoyed while scores were tabulated and door prizes drawn.

After the meal flag event winners and team placements



(L-R) Courage Cleveland, James Bird and Jerrick Bird



(L-R) Kerry Funmaker, Patty Hall, Greg Krueger and Larry McPeak

were announced. In the youth category for 9 holes medals were awarded to Courage Cleveland for first place with a score of 49, second place went to James Bird and Jerrick Bird finished third. In the adult division high score trophies were presented to the team of Deedee Greendeer, Greg

Littlejohn, Ed Winneshiek and Joe WhiteEagle. The first place team for this year's end of season scramble went to Kerry Funmaker, Patty Hall, Greg Krueger and Larry McPeak with a score of 8 under 64.

Celebrating 93 years with Elder Nina Cleveland

Sanford LittleEagle, Staff Writer

On September 2, 2011 the children, grandchildren and great-grandchildren, along with many friends and relatives, celebrate Nina Rebecca Cleveland's 93rd birthday. Breaking it down, Nina gave birth to 9 children, who then produced 33 grandchildren, 52 great-grandchildren, and 8 great-great grandchildren.

Through the years, Nina lost her first born daughter, a son and one granddaughter, but never turned her back on the Creator.

She was also blessed with many sons and daughters that were given to her by her sisters and relatives, which include the White Eagle and Funmaker kids, along with June White Thunder, Mildred Decorah, Myrtle Long and Johnny White Cloud.



Nina Cleveland with family. **HAPPY 93rd BIRTHDAY!**

October Elders Birthdays

- | | |
|---------------------------|-------------------------|
| 1 Rachael Haas | 14 Lona Decorah |
| Eleanore Johnson | John Tudahl |
| Frank Johnson Jr. | Thomas Redbird Jr. |
| Vanverd Dick Jr. | 15 Preston Thompson Jr. |
| 2 Dolli Bigjohn | Deborah Lee Weaver |
| Helen Lonetree | 16 Frances Little Wolf |
| 3 Kay Lynn Decorah | 17 Parmenton Decorah |
| Joseph White | Linda Greendeer |
| Sandra Martin | Ellen Stenseth |
| 4 Bebe Lee | Robert Johnson |
| 6 Delbert Cleveland | 18 Gary Funmaker Sr. |
| Marcella Cloud | Rose Saylor |
| 7 Andrew Thundercloud Jr. | 19 John Funmaker |
| Gene Whitewater | Joyce Williams |
| Archie White Eagle | 20 Leland Shegonee |
| 8 Rhoda Rave | Tommy Winneshiek |
| Irene Keenan | Peter Oknewski Sr. |
| Fred Mallory Sr. | 24 Shirley Lonetree |
| 9 Edward Littlejohn Jr. | 26 Ida Carrier |
| 11 Harry Whitehorse | Bradley Smith |
| Ramona Godsbey | Paulina Brandes |
| 12 Cynthia Decorah | Lawrence Geyer |
| Ronald Kirkwood | David Esau Sr. |
| Donald St. Cyr | 28 Cynthia Yellowcloud |
| Sybil Winneshiek | Geo. Bruce Kearnes |
| Cleland Goodbear | 29 Benjamin Decorah |
| Loa Porter | Colin Carrimon |
| 13 Douglas Littlejohn | 30 Florine Johnson |
| 14 Evelyn Shepard | 31 Judith Buffalo |
| Edward Mc Cabe | Dennis Funmaker |

Three time music award winner **Buggin Malone** has been nominated for **Best Rap/Hip-Hop Recording of the Year** at the Native American Music Awards being held **October 7th in Seneca Falls, New York.**

Show your support and vote for him so we can bring this award back to Wisconsin!

Pina Gigi ~ <http://www.nativeamericanmusicawards.com/votenow.cfm>



Center for Native American Youth travels to Wisconsin to support Dirk Whitebreast's 262 Mile run

Center plans to run in a youth marathon relay and speak at a Ho-Chunk Nation suicide prevention event with Tribal Leader

Submitted by Josie Raphaelito, MPH - Program Coordinator Center for Native American Youth

The Center for Native American Youth will join Tribal Leader Dirk Whitebreast in his 262 mile run, by participating in a marathon relay with youth from the Ho-Chunk Nation and the Nation's President Jon Greendeer. In addition, the Center will speak at the Ho-Chunk Nation's Community Action Plan on Suicide Prevention dinner and event.

"It is inspiring that tribal leaders, youth and the Center for Native American Youth will be running together to raise awareness about the important issues facing American Indian children in this country," says the Center's founder, former US Senator Byron Dorgan.

The Center has partnered with Dirk Whitebreast, the 31-year-old tribal leader from Sac & Fox Tribe of the Mississippi in Iowa, to support his efforts to raise awareness of youth suicide prevention, health promotion, and emotional healing in Indian Country. In 2003, Dirk suffered the tragic loss of his 18-year-old sister, Darcy Jo Keahna, to suicide. Since that day, Dirk has committed himself to a healthier lifestyle, becoming an avid runner as well as a leader in his

community by serving as Secretary of his tribal council.

Dirk was touched by the Center's mission to improve the lives of Native youth and its efforts to raise awareness of the tragedy of suicide in Indian Country, where suicide rates are nearly 4 times the national average. This is why Dirk reached out to the Center and wants the organization to benefit from Dirk's 262 Mile Run.

Dirk will be traveling to Appleton, Wisconsin on September 18 for his second race at the Community First Fox Cities Marathon. To support Dirk's efforts, the Ho-Chunk Youth Council and the Wittenberg Youth & Learning Center organized two five-person relay teams for the marathon. Josie Raphaelito, the Center's program coordinator, will be running alongside Ho-Chunk Nation youth and community members to support Dirk and the Ho-Chunk Nation youth council.

"The Ho-Chunk Youth Council reached out to the Center to ask how they could support our work with Dirk's 262 Mile run. We are excited about the youth council's enthusiasm and thrilled to participate in their run and the community's suicide prevention events," says the Center's director Erin Bailey.



Dirk Whitebreast and President Greendeer at the end of the race.

Following the race, Dirk and the Center will speak at the Ho-Chunk Nation's Community Action on Suicide Prevention event to introduce the Center's work and share Dirk's inspirational story of healing, motivation and success as a young tribal leader.

For more information or to support Dirk's 262 Mile Challenge please visit www.cnay.org. The list of marathons Dirk is registered for is as follows:

The North Face Endurance Challenge - Madison, WI
September 17th, 2011 ** Run is actually in Eagle, WI
<http://www2.thenorthface.com/endurancechallenge/>

Community First Fox Cities Marathon - Appleton, WI
September 18th, 2011 <http://www.foxcitiesmarathon.org/>

American Birkebeiner Trail Run - Hayward, WI
September 24th, 2011 <http://www.birkie.com/>

The Quad Cities Marathon - Moline, IL
September 25th, 2011 <http://www.qcmarathon.org/>

Freedom's Run Marathon - Shepherdstown, WV
October 1st, 2011 <http://www.freedomrun.org/>

Milwaukee Lakefront Marathon - Milwaukee, WI
October 2nd, 2011
<http://www.milwaukeeLakefrontmarathon.org/>

Prairie State Marathon - Libertyville, IL
October 8th, 2011
http://www.allcommunityevents.com/fall_marathon/psm_home.html

Bank of America Chicago Marathon - Chicago, IL
October 9th, 2011
<http://www.chicagomarathon.com/>

Waddell & Reed Kansas City Marathon - Kansas City, MO
October 15th, 2011
<http://www.waddellandreedkansascitymarathon.org/>

IMT Des Moines Marathon - Des Moines, IA
October 16th, 2011
<http://www.desmoinesmarathon.com/>

The Center for Native American Youth is a new organization Senator Dorgan created at the Aspen Institute to address the challenges facing Native American children. Dorgan donated \$1 million of excess campaign funds to create the organization in January of this year at the Aspen Institute in Washington, DC. For more information about the Center for Native American Youth and its outreach in Indian Country please visit www.cnay.org.

The Aspen Institute mission is twofold: to foster values-based leadership, encouraging individuals to reflect on the ideals and ideas that define a good society, and to provide a neutral and balanced venue for discussing and acting on critical issues. The Aspen Institute does this primarily in four ways: seminars, young-leader fellowships around the globe, policy programs, and public conferences and events. The Institute is based in Washington, DC; Aspen, Colorado; and on the Wye River on Maryland's Eastern Shore. It also has offices in New York City and an international network of partners. For more information, visit www.aspeninstitute.org.



Barb Kmetz and Danee Walker at the start of the race.



Signs to support runners along the race course.